



## **Eight Principles Based on the Beatitudes**

**1. Realize** I'm not God. I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable.

*"Happy are those who know they are spiritually poor," (Matthew 5:3)*

**2. Earnestly** believe that God exists, that I matter to Him, and that He has the power to help me recover.

*"Happy are those who mourn, for they shall be comforted." (Matthew 5:4)*

**3. Consciously** choose to commit all my life and will to Christ's care and control.

*"Happy are the meek." (Matthew 5:5)*

**4. Openly** examine and confess my faults to myself, to God, and to someone I trust.

*"Happy are the pure in heart." (Matthew 5:8)*

**5. Voluntarily** submit to every change God wants to make in my life and humbly ask Him to remove my character defects.

*"Happy are those whose greatest desire is to do what God requires." (Matthew 5:6)*

**6. Evaluate** all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others, except when to do so would harm them or others.

*"Happy are the merciful." (Matthew 5:7) "Happy are the peacemakers." (Matthew 5:9)*

**7. Reserve** a daily time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life and to gain the power to follow His will.

*"But seek first the kingdom of God and His righteousness, and all these things shall be added to you." (Matthew 6:33)*

**8. Yield** myself to God to be used to bring this Good News to others, both by my example and by my words.

*"Happy are those who are persecuted because they do what God requires." (Matthew 5:10)*